十月主題推文

| 主題 | 網路社交一手掌握Master online social networking |
| --- | --- |
| 內文 | 網路社交已成為我們生活中必不可少的一部分Online social networking has become an essential part of our lives. 現實及網路世界的人際社交模式有何不同? What are the differences between the interpersonal social models in the real world and the online world? 而自己在網路世界中又是什麼樣子呢?And what do you look like in the online world? 閱讀本月精選好文，一起了解網路社交與自己的關聯吧! Read the selected articles and learn more about the connection between online social networking and yourself! |
| 10篇文章 | 1. 帶刺的網路玫瑰–社群軟體中的生存指南/曹訓嘉

[https://counseling.sa.ntnu.edu.tw/%e5%b8%b6%e5%88%ba%e7%9a%84%e7%b6%b2%e8%b7%af%e7%8e%ab%e7%91%b0%e7%a4%be%e7%be%a4%e8%bb%9f%e9%ab%94%e4%b8%ad%e7%9a%84%e7%94%9f%e5%ad%98%e6%8c%87%e5%8d%97/](https://counseling.sa.ntnu.edu.tw/%E5%B8%B6%E5%88%BA%E7%9A%84%E7%B6%B2%E8%B7%AF%E7%8E%AB%E7%91%B0%E7%A4%BE%E7%BE%A4%E8%BB%9F%E9%AB%94%E4%B8%AD%E7%9A%84%E7%94%9F%E5%AD%98%E6%8C%87%E5%8D%97/)1. 深夜裡的微光-淺談使用社群軟體的FOMO感/劉安佳

[https://counseling.sa.ntnu.edu.tw/%e6%b7%b1%e5%a4%9c%e8%a3%a1%e7%9a%84%e5%be%ae%e5%85%89-%e6%b7%ba%e8%ab%87%e4%bd%bf%e7%94%a8%e7%a4%be%e7%be%a4%e8%bb%9f%e9%ab%94%e7%9a%84-fomo-%e6%84%9f/](https://counseling.sa.ntnu.edu.tw/%E6%B7%B1%E5%A4%9C%E8%A3%A1%E7%9A%84%E5%BE%AE%E5%85%89-%E6%B7%BA%E8%AB%87%E4%BD%BF%E7%94%A8%E7%A4%BE%E7%BE%A4%E8%BB%9F%E9%AB%94%E7%9A%84-fomo-%E6%84%9F/)1. 滑滑手機，也能參透自己的人際?-談網路交友與現實人際關係/蔡育韻

[https://counseling.sa.ntnu.edu.tw/%e6%bb%91%e6%bb%91%e6%89%8b%e6%a9%9f%e4%b9%9f%e8%83%bd%e5%8f%83%e9%80%8f%e8%87%aa%e5%b7%b1%e7%9a%84%e4%ba%ba%e9%9a%9b/](https://counseling.sa.ntnu.edu.tw/%E6%BB%91%E6%BB%91%E6%89%8B%E6%A9%9F%E4%B9%9F%E8%83%BD%E5%8F%83%E9%80%8F%E8%87%AA%E5%B7%B1%E7%9A%84%E4%BA%BA%E9%9A%9B/)1. 網路上的我們──建立真切有溫度的人際距離/劉守恆

[https://counseling.sa.ntnu.edu.tw/%e7%b6%b2%e8%b7%af%e4%b8%8a%e7%9a%84%e6%88%91%e5%80%91%e5%bb%ba%e7%ab%8b%e7%9c%9f%e5%88%87%e6%9c%89%e6%ba%ab%e5%ba%a6%e7%9a%84%e4%ba%ba%e9%9a%9b%e8%b7%9d%e9%9b%a2/](https://counseling.sa.ntnu.edu.tw/%E7%B6%B2%E8%B7%AF%E4%B8%8A%E7%9A%84%E6%88%91%E5%80%91%E5%BB%BA%E7%AB%8B%E7%9C%9F%E5%88%87%E6%9C%89%E6%BA%AB%E5%BA%A6%E7%9A%84%E4%BA%BA%E9%9A%9B%E8%B7%9D%E9%9B%A2/)1. 從虛擬世界看人際關係-聊天軟體中的已讀不回/黃旻

[https://counseling.sa.ntnu.edu.tw/%e5%be%9e%e8%99%9b%e6%93%ac%e4%b8%96%e7%95%8c%e7%9c%8b%e4%ba%ba%e9%9a%9b%e9%97%9c%e4%bf%82%e8%ab%87%e8%81%8a%e5%a4%a9%e8%bb%9f%e9%ab%94%e4%b8%ad%e7%9a%84%e5%b7%b2%e8%ae%80%e4%b8%8d%e5%9b%9e/](https://counseling.sa.ntnu.edu.tw/%E5%BE%9E%E8%99%9B%E6%93%AC%E4%B8%96%E7%95%8C%E7%9C%8B%E4%BA%BA%E9%9A%9B%E9%97%9C%E4%BF%82%E8%AB%87%E8%81%8A%E5%A4%A9%E8%BB%9F%E9%AB%94%E4%B8%AD%E7%9A%84%E5%B7%B2%E8%AE%80%E4%B8%8D%E5%9B%9E/)1. 網路世界中的自我呈現：虛擬與現實的交織/許侑倢

[https://counseling.sa.ntnu.edu.tw/%e7%b6%b2%e8%b7%af%e4%b8%96%e7%95%8c%e4%b8%ad%e7%9a%84%e8%87%aa%e6%88%91%e5%91%88%e7%8f%be%e8%99%9b%e6%93%ac%e8%88%87%e7%8f%be%e5%af%a6%e7%9a%84%e4%ba%a4%e7%b9%94/](https://counseling.sa.ntnu.edu.tw/%E7%B6%B2%E8%B7%AF%E4%B8%96%E7%95%8C%E4%B8%AD%E7%9A%84%E8%87%AA%E6%88%91%E5%91%88%E7%8F%BE%E8%99%9B%E6%93%AC%E8%88%87%E7%8F%BE%E5%AF%A6%E7%9A%84%E4%BA%A4%E7%B9%94/)1. 鍵盤會傷人嗎？-網路霸凌因應與調適/張允瑄

[https://counseling.sa.ntnu.edu.tw/%e9%8d%b5%e7%9b%a4%e6%9c%83%e5%82%b7%e4%ba%ba%e5%97%8e%e7%b6%b2%e8%b7%af%e9%9c%b8%e5%87%8c%e5%9b%a0%e6%87%89%e8%88%87%e8%aa%bf%e9%81%a9/](https://counseling.sa.ntnu.edu.tw/%E9%8D%B5%E7%9B%A4%E6%9C%83%E5%82%B7%E4%BA%BA%E5%97%8E%E7%B6%B2%E8%B7%AF%E9%9C%B8%E5%87%8C%E5%9B%A0%E6%87%89%E8%88%87%E8%AA%BF%E9%81%A9/)1. 在你和雲端之間──談網路依賴/甘雅婷

[https://counseling.sa.ntnu.edu.tw/%e5%9c%a8%e4%bd%a0%e5%92%8c%e9%9b%b2%e7%ab%af%e4%b9%8b%e9%96%93%e8%ab%87%e7%b6%b2%e8%b7%af%e4%be%9d%e8%b3%b4/](https://counseling.sa.ntnu.edu.tw/%E5%9C%A8%E4%BD%A0%E5%92%8C%E9%9B%B2%E7%AB%AF%E4%B9%8B%E9%96%93%E8%AB%87%E7%B6%B2%E8%B7%AF%E4%BE%9D%E8%B3%B4/)1. 網路的友誼與愛──來自網路交友的自我認同/李淯琳

[https://counseling.sa.ntnu.edu.tw/%e7%b6%b2%ef%a4%b7%e7%9a%84%e5%8f%8b%e8%aa%bc%e8%88%87%e6%84%9b%ef%a4%ad%e8%87%aa%e7%b6%b2%ef%a4%b7%e4%ba%a4%e5%8f%8b%e7%9a%84%e8%87%aa%e6%88%91%e8%aa%8d%e5%90%8c/](https://counseling.sa.ntnu.edu.tw/%E7%B6%B2%EF%A4%B7%E7%9A%84%E5%8F%8B%E8%AA%BC%E8%88%87%E6%84%9B%EF%A4%AD%E8%87%AA%E7%B6%B2%EF%A4%B7%E4%BA%A4%E5%8F%8B%E7%9A%84%E8%87%AA%E6%88%91%E8%AA%8D%E5%90%8C/)1. 看懂虛擬世界中的網路遊戲魅力/郭貞宜

[https://counseling.sa.ntnu.edu.tw/%e7%9c%8b%e6%87%82%e8%99%9b%e6%93%ac%e4%b8%96%e7%95%8c%e4%b8%ad%e7%9a%84%e7%b6%b2%e8%b7%af%e9%81%8a%e6%88%b2%e9%ad%85%e5%8a%9b/](https://counseling.sa.ntnu.edu.tw/%E7%9C%8B%E6%87%82%E8%99%9B%E6%93%AC%E4%B8%96%E7%95%8C%E4%B8%AD%E7%9A%84%E7%B6%B2%E8%B7%AF%E9%81%8A%E6%88%B2%E9%AD%85%E5%8A%9B/) |
| 選的文章 | / |